CIRCULAR No. 248/18/2009

Prot. No. 2266/2009

June 12, 2009

To: The clergy, the Religious and all the Faithful of the Archdiocese of Jaro

Re: Swine Flu or Influenza A (H1N1) Virus

The Commission on Liturgy in the Archdiocese came out with an advisory to help prevent the spread of Swine Flu or Influenza A (H1N1) virus for the duration of the pandemic.

The Commission also provided us with petitions to be added to the Prayers of the Faithful as we bring to God our present concern.

I exhort all the Clergy, the Religious and all the faithful of the Archdiocese of Jaro to take into consideration this advisory.

May Jesus protect and heal us from all forms of illness!

(Sgd) + ANGEL N. LAGDAMEO
Archbishop of Jaro
The following precautions may be followed to help prevent the spread of the Influenza A (H1N1) Virus for the duration of the pandemic:

1. In all Masses, Holy Communion shall be given only in the hand.
2. There shall be no holding of hands during the praying of the Lord’s Prayer.
3. A simple nod shall suffice for the giving of Peace.
4. Holy Water Stoups shall be emptied of Holy Water and church-goers are advised just to make the sign of the Cross on entering and going out of the church.
5. Priests and lay ministers distributing Communion during the Mass must wash their hands thoroughly with soap and water or alcohol-based sanitizers before and after the Mass.

Please explain these instructions to the faithful and as pastors let it be also our duty to enjoin them to follow the advice of health experts on how we can prevent contracting and spreading the disease.

Below are petitions which may be used at every mass for the duration of the Pandemic:

**PRAYERS OF THE FAITHFUL**

**Hiligaynon**


**Ukon**


**English**

3. That the Lord will heal the sick brought about by the A (H1N1) Virus. That God will grant wisdom to Doctors so that they may find a cure that will stop the spread of the disease. Let us pray to the Lord.

Or

4. May god strengthen us and assure us in our fears. May he grant healing to those afflicted with the A (H1N1) Virus. And may he send us his help and protection. Let us pray to the Lord.